

sized excitatory conditioning. This paper will present evidence that inhibitory conditioning also occurs with drugs. The "nature" of the inhibitory CR will be discussed. Although research has provided evidence of inhibitory-like phenomena, there has to date been no evidence of an inhibitory CR in a placebo test. Similarly several studies that have demonstrated environmental-specificity of tolerance have failed to obtain evidence of a CR in a placebo test. The difficulty in obtaining placebo CRs will be discussed in relation to inhibitory conditioning. The occurrence of inhibitory conditioning will be discussed in the context of alternative accounts of environmental modulation of tolerance (e.g., Baker and Tiffany habituation model and Wagner's SOP model of habituation).

MECHANISMS OF CONDITIONED TOLERANCE

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Many investigators have shown that tolerance to the hypothermic effect of ethanol can be learned in a classical conditioning paradigm. Although substantial efforts have been made to establish that tolerance can follow learning principles, little attention has been paid to determining what is learned. Tolerance produced simply by chronic exposure to ethanol is due to functional or dispositional factors. In investigating a model of conditioned tolerance in mice we have found that cued changes in the disposition of ethanol occur. Notably, the level of ethanol in the brain and blood at various times after administration of ethanol was lower in animals tested in an environment previously associated with ethanol than in animals tested in a novel environment. The importance of the central nervous system in modulating the cued alterations in ethanol levels was explored by administering ethanol intracerebroventricularly (ICV) instead of intraperitoneally (IP) during training. A conditioned compensatory response was observed in the ethanol associated environment following an ICV injection of CSF and blood ethanol levels after an IP injection of ethanol were lower in the ethanol cued group than in animals tested in a novel environment. These findings suggest that exposure of peripheral structures to substantial amounts of ethanol is not critical for the development of cued changes in ethanol levels.

STUDIES ON THE ROLE OF LEARNING FACTORS IN HUMAN ALCOHOL TOLERANCE

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On the basis of animal experiments using both ethanol and morphine, which demonstrated that rats who have developed tolerance will continue to display a high degree of tolerance only if tested under the same environmental conditions previously associated with drug administration. Siegel (1978) advanced a classical conditioning model of drug tolerance that accords environmental cues consistently present during prior drug exposure the power to elicit conditioned homeostatic responses that attenuate the systemic effect of the drug. Shapiro and Nathan (1986) subsequently tested the generalizability of Siegel's conditioning model to human tolerance to alcohol. They found evidence for the influence of conditioning factors for one measure of tolerance to alcohol by humans, coding-vigilance perform-

ance, but could not distinguish the role of classical from operant conditioning (drugged practice) in this demonstration. Beyond the importance of understanding the basic mechanisms, including learning mechanisms, which may underlie phenomena as central to addiction as tolerance, studies of tolerance are important, as well, because differences in degree and kind of tolerance development in humans may be of etiologic significance for alcoholism (Nathan and Niaura, 1985). In an effort further to explore learning factors involved in tolerance development in humans, Nathan and his colleagues have also reported that factors such as gender (Niaura, Nathan, Frankenstein, Shapiro and Brick, in press), environmental cues (Niaura, Shapiro, Nathan and Brick, in preparation), hormonal factors (Brick, Nathan, Shapiro, Westrick and Frankenstein, in press, Hay, Heermans and Nathan, 1985), drinking history (Niaura and Nathan, 1984), and risk for alcoholism (Guise and Nathan, in preparation) all significantly affect response to alcohol and may influence responses to acute as well as chronic alcohol administration and tolerance in human beings as well. The significance of these findings for a comprehensive view of the role of learning factors in human alcohol tolerance will be evaluated and discussed in this symposium presentation.

THE RESPONSE COMPETITION MODEL: AN ALTERNATIVE ACCOUNT OF DRUG CONDITIONING PHENOMENA

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Siegel's (1983) classical conditioning model of morphine and alcohol tolerance has spawned a large body of research in which the environmental specificity of tolerance has been found consistently for morphine, alcohol, and other drugs. However, although a compensatory hyperthermic response to alcohol cues has been a consistent finding, most authors have failed to replicate Siegel's results showing compensatory hyperalgesic responses to morphine cues. The response competition model (Newlin, 1986) is intended to account for these discrepancies. The response competition model assumes that there is an inhibitory interaction between concurrent responses due to a limited capacity for response processing. Examples of response competition in the visceral domain include *stress response dampening* in which alcohol or nicotine inhibits an autonomic stress response, *UCR diminution* in which the CR inhibits the UCR in eyelid, skin conductance, and heart rate conditioning, *startle modification* in which weak prestimulation inhibits acoustic startle responses, and *drug conditioning*. According to the response competition model, drug conditioning represents a special case of response competition because the CR (i.e., the response to drug cues) competes with the UCR (i.e., the drug effect) for response processing resources. Note that the CR may be opposite in direction to drug, in the same direction as drug, or even in an entirely different response system. The model challenges Siegel's (1983) assumption that the CR and the UCR combine additively, citing evidence from several different domains in which concurrent responses in the same direction show an inhibitory interaction. The response competition model predicts that tolerance will be enhanced by the elicitation of a wide variety of concurrent responses, including CR's to food stimuli, novelty effects, stress responses, and other arbitrary responses. Data concerning responses to alcohol in a novel vs. a familiar environment in humans are presented that tend to support this prediction.